

Zeitplan										
Zeit	MK U10	MK U12	MJ U14	MJ U16-U18	M 30-60 Sen	WK U10	WK U12	WJ U14	WJ U16-U18	W 30-60 Sen
08:30	Weit I	60m Hü ZL		Kugel	Kugel	Ball I		Weit II	Speer	Speer
08:45							60m Hü ZL			
09:00			60m Hü ZL							
09:15		Weit II				Weit I		60m Hü ZL		
09:30			Ball I	100 m ZL					100 mZL	
09:40										100 mZL
09:45					100 m ZL					
10:00	50m ZL	Ball I		Drei (Weit I)			Weit II		Drei (Weit I)	
10:15						50m ZL			Kugel	Kugel
10:30					50 m ZL					50 m ZL
10:50	50m Hi ZL	50m ZL								
11:00			Weit II	Speer	Speer	50 m Hi ZL	50 m ZL			
11:10								75 m ZL		
11:15			75 m ZL							
11:20	4 x 50 m ZL							Ball I		
11:25						4 x50 m ZL				
11:30	Ball II	4 x 50 m ZL								
11:35							4 x 50 mZL			
11:45			4 x75 m ZL					4x 75 m ZL		
12:00				300 m	300 m		Ball I			
12:05									300 m	300 m
12:15		800 m ZL								
12:25			800 m ZL							
12:35								800 m ZL		
12:45							800 m ZL			
12:55				1500 m	1500 m					
13:00									1500 m	1500 m