

Zeitplan										
Zeit	MK U10	MK U12	MJ U14	MJ U16-U18	M/M 30-60	WK U10	WK U12	WJ U14	WJ U16-U18	W/W 30-60
9:00	Eröffnung									
9:10	Weit I	60m Hü ZL		Kugel	Kugel	Ball I		Weit II	Speer	Speer
9:30							60m Hü ZL			
9:40			60m Hü ZL							
9:50		Weit II				Weit I		60m Hü ZL		
10:00			Ball I	100 m ZL					100 mZL	
10:10										100 mZL
10:20					100 m ZL					
10:30	50m ZL	Ball I		Drei (Weit I)			Weit II		Drei (Weit I)	
10:45						50m ZL			Kugel	Kugel
11:00					50 m ZL					50 m ZL
11:10	50m Hi ZL	50m ZL			Weit I				Hoch	Hoch
11:20			Weit II	Speer	Speer	50 m Hi ZL	50 m ZL			
11:30								75 m ZL		
11:35			75 m ZL							
11:40	4 x 50 m ZL							Ball I		Weit I
11:45						4 x50 m ZL				
11:50	Ball II	4 x 50 m ZL								
11:55							4 x 50 mZL			
12:00			4 x75 m ZL	Hoch	Hoch			4x 75 m ZL		
12:20				300 m	300 m		Ball I			
12:25									300 m	300 m
12:35		800 m ZL								
12:45			800 m ZL							
12:55								800 m ZL		
13:05							800 m ZL			
13:15				1500 m	1500 m					
13:30									1500 m	1500 m